





### **Adult Sailing Instruction**

The Adult Sailing School is evolving according to expectations. Our success has several main contributing factors.

- The Sonar is nearly perfect for the task. Our boats are meticulously maintained and spacious for a minimum of two and a maximum of three students.
- Our protocol is developed over time, and we keep adjusting it as we go along. As of today, We have two instructors who aim to teach using the same lingo and methods in order to keep uniform lessons.
- There is room to grow! So far, we only used one boat. We will begin using a second and a third Sonar as the demand increases. Toward the end of 2022, we added Saturdays for sailing lessons.
- Our online scheduling system allows students to enroll, book, cancel, and reschedule their lessons anytime outside of 48 hours of departure. There are one or two lessons per day, five days per week, and each lesson is three hours. The Terms and Conditions are detailed, eliminating surprises later on.
- Our classroom is the boat and Biscayne Bay. There are no traditional classroom instructions.





# **ADULT SAILING INSTRUCTIONS**









### **Basic Keelboat Certification Course**

After enrolling and submitting our Digital Waiver, students receive access to a Sailing Boater exam in order to begin their learning experience, no matter where they are located. It includes reading material quizzes and written exams. There is a final, online, and practical exam at the end of the course.

### **Single Lesson**

For those who only have one day available or are uncertain if they want to buy the B-K package of six lessons. Instructions are available online.

### Let's Go Sailing 2.0

Offers Basic Keelboat graduates affordable sailing opportunities to keep sailing and learn more. Team Paradise would provide an instructor or someone with more experience to add safety and comfort aboard if needed.

### **Performace & Spinnaker**

For our Basic Keelboat graduates or for anyone who wants to take their sailing to the next level. Controll the boat instead of the boat controlling you! Learn to fly a spinnaker, roll-tack, use the main traveler, jib-leads, and backstay. Sail higher and faster upwind and lower and faster downwind. It all equates to becoming a more efficient and better sailor. Time in the boat is vital to make it happen.











### **Biscayne Bay Sailing Excursions**

Are you looking for a peaceful and enchanting sailing experience on Biscayne Bay? You'll love our 23' Sonar sailboats! Gather your team and head to the US Sailing Center in Kennedy Park, Coconut Grove. Our sailing trips generally last about three hours, and each boat can accommodate a party of four or five individuals, depending on the size. Even if you've never sailed, there's no need to worry as we provide a skilled skipper and prioritize safety.

Various itineraries to choose from depending on your interests:

- See the Magic City skyline from the water.
- Sail to Vizcaya Museum and Gardens, a breathtaking early 20th-century estate on Biscayne Bay.
- Sail into Hurricane Harbor or No Name Harbor on Key Biscayne for spectacular scenery and stunning views featuring the Cape Florida Lighthouse. Located at the south end of Key Biscayne, this beautiful piece of history is the oldest standing structure in Miami-Dade County and was constructed in 1825 to guide mariners off the Florida Reef.
- Visit the iconic Nixon's Sandbar, a nice little sandbar a quarter of a mile south of Key Biscayne.







### **Veterans Sailing**

Team Paradise became a Paralympic Sports Club network member in 2012 and was awarded the Veterans Administration's Olympic Opportunity Fund. During the next couple of years, we applied for the Adaptive Sports Grant (VA-ASG) from the Veterans Administration, but we had yet to be successful.

Eventually, in 2017, as a registered Miami Dade Parks & Recreation (MDP) vendor, we finally received the support we needed. The VA-ASG lasted for a few years but ended when COVID-19 arrived. MDP lost the grant, and the Miami VA sized to provide all of us with their disabled Veterans.

Team Paradise Sailing ran the Veterans Sailing program with a group of abled and disabled veterans. We slowly began to run out of "fuel" as our focus shifted to other programs. It was in May of 2023 that we received a phone call from the Miami VA, asking us to get going again. With their help, we should be able to comply with all the FASG criteria, such as 50 uniquely named disabled veterans from five different congressional districts.

Anyone, including Disabled Veterans, can sign up for our Adult Sailing School and learn how to sail, become certified, and refine their skills. Our boats can easily be adapted to serve the needs of the sailor. No disability will prevent someone from sailing with us.



Veterans sailing the Sonar equipped with the LS-3.5



Veterans joined in support as Team Paradise was awarded the Panther Foundation Community Champions Grant in 2017











### **Fun Day Sailing Excursion**

Discover an extraordinary sailing experience tailored specifically for people with intellectual and developmental disabilities and their significant others. Join us on a voyage of growth, empowerment, and connection, where you'll embark on an adventure like no other.

Each boat accommodates up to five students, and with a maximum of three boats, we can welcome up to 15 students on this unique sailing opportunity. For added peace of mind, parent/caregiver/guardian can ride in the safety boat while our experienced skippers and safety team ensure everyone's wellbeing. Rest assured that Team Paradise provides all the necessary equipment, including boats, lifejackets, and safety gear, so you can focus on enjoying an unforgettable sailing experience.

Team Paradise is currently serving The Miami Learning Experience with 50 students. On a weekly basis, we accommodate ten students for a healthy and fun-filled day on Biscayne Bay.









# **SAILING EXCURSIONS**







### **Biscayne Bay Excursion**

Explore the beauty and tranquility of sailing on Biscayne Bay aboard one of our 23' Sonar sailboats! Get your team together and meet up at the US Sailing Center in Kennedy Park in Coconut Grove. Each sail takes about three (3) hours, and each boat has room for a party of four or five (depending on size). No prior sailing experience is necessary. We provide the skipper and the safety.



### **Veterans and First Responders**

Therapy administered by nature! Our Thursday Sailing program happens on most Thursdays of the year from 10 AM to 2 PM. One Thursday per month is dedicated to Miami VA Hospital only. Veterans and First Responders are offered a 100% discount using coupon code SAIL-2024. For Disabled Veterans, unless introduced by the Miami VA Hospital, please bring the VA-ID card or send us a copy. All Veterans and First Responders are welcome.



### **Fun Day Sailing**

This unique sailing opportunity is offered to individuals with intellectual and developmental disabilities and their parent/caregiver/guardian. The group sizes are five students per boat and a maximum of 15 students when using three boats. Parent/caregiver/guardian rides in the safety boat. Team Paradise provides the boats, safety, skippers, and lifejackets.







### **Saturday Youth Sailing**

Our Youth Program highly benefitted from being selected as Siebel Sailors Support Center by US Sailing in 2020. The grant included six RS Feva dingies, a regional coach with a support boat, and all the intellectual materials and know-how to operate a youth sailing program safely and successfully. Our obligations were satisfied after three years of collaboration, and all the equipment now belongs to us. As it turned out, the Siebel Sailors Grant ceased to exist, but we continued!

Our main youth sailing program is now the **Saturday Youth Sailing for Beginners and Intermediates** (SYS). We offer Fall, Winter, and Spring Sessions. Each session is eight weeks. No less than 50% of the students have full scholarships. We serve our community and draw from institutions such as the Camillus House and Big Brothers Big Sisters.

Seeing kids from diverse communities establish comradery and play together is rewarding. They look forward to next weekend and have fun with each other.



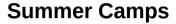












Our Summer Camp was a lot of fun, and it always is! Campers join by the week or join for all four weeks. Our motto is Fun, Safety, and Learning. Depending on the weather and wind, we sail to different sandbars and paradise-like places on Biscayne Bay.







Team Paradise is a **US Sailing Center - Miami Parks Department Sailing program vendor.** We served ten Parks and 113 campers for two weeks this summer. Each day, we had eleven new campers on average. Everyone is asked the same questions: Have you ever sailed? Have you ever been to Biscayne Bay before? Are you able to swim? Despite everyone living relatively close to the Bay, only a few campers had been there before. It's not surprising that only a few had previous boating experience. The most surprising feedback was that everyone had water comfort; 95% of everyone could swim! This is a very positive change from only a few years ago when almost none were swimmers. Instead of going to a sandbar, we can now drop the anchor in deeper water where the campers can dive in. We love it!



### YOUTH SAILING



### **Saturday Youth Sailing for Beginners**

For Beginners Introductory classes for those new to sailing or who need additional instruction before moving up to the intermediate program. For ages 9-14. Each sailor must pass a float/water comfort test on the first day.



### Saturday Youth Sailing for Intermediates

Intermediate classes for those who want to take their sailing to the next level. The program is focused on a more advanced curriculum appropriate to age and skill level for ages 10 to 15. Each sailor must pass a swim and capsize test on the first day of the season, regardless of sailing experience.



### **Sunday Youth Sailing**

If sailing only on Saturdays is not enough, then join our Sunday Sailing. We provide our RS Fevas to sail in, a coach, and a coachboat. Practice makes perfect.



### **Private Lessons**

Take your sailing skills to the next level! 3-hour lessons. We provide boats (RS Feva), coaching, and safety.



### **Summer Camp**

Our Summer Sailing Camp is for kids from 9 to 14 years of age. The program is designed to give kids a chance to get out on the water and learn to sail and/or improve their sailing skills in a fun and safe atmosphere using our fleet of RS Feva and RS Venture sailboats, combined with expert coaching support, for beginners and intermediates.

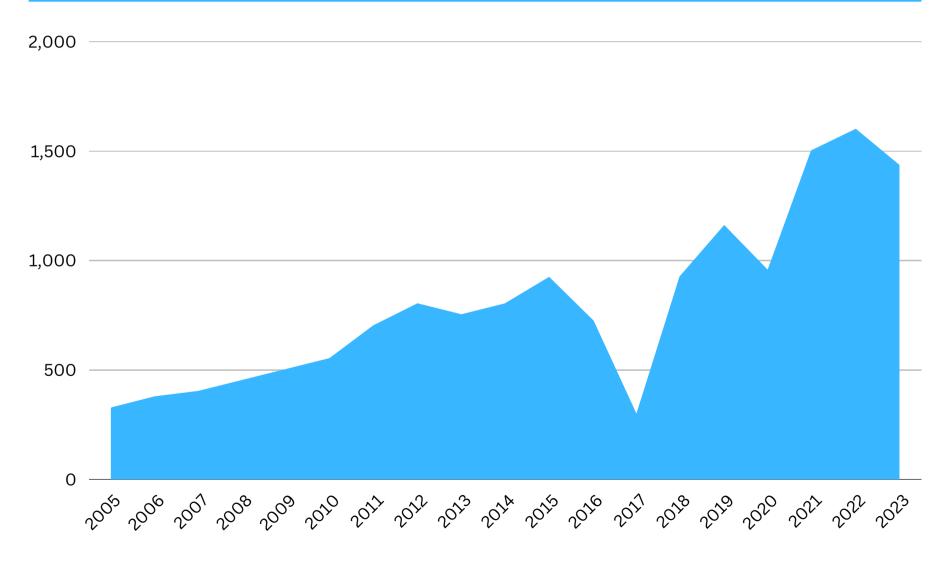


# US Sailing Center - Miami Parks Department Sailing a.k.a. City Sailing

Two weeks of sailing with campers from various parks within the City Of Miami. Each day brings new campers.

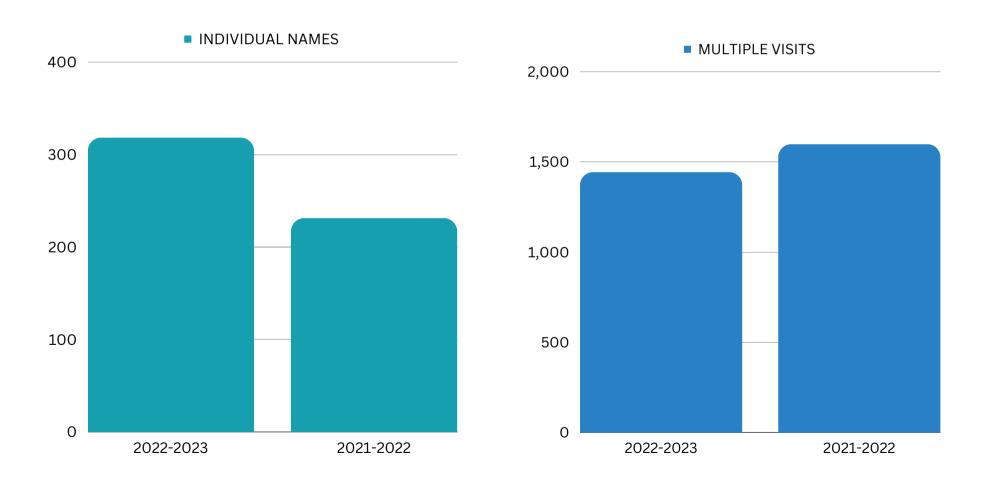


# **ATTENDANCE (MULITPLE VISIT)**





# ATTENDANCE BY COMPARISON





# **BOARD OF DIRECTORS & SENIOR STAFF**





Moises Alfonso Chairman Investment Advisor



John Schoendorf Treasurer Forensic Accountant



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Joseph Chin Director Youth Sailing



Peter M. Commette, Esquire
Director
US Olympian
World Champion Sailor



Edward Benitez
Director
Keelboat Instructor



Susan Liljedahl Executive Director



Magnus Liljedahl Founder Program Manager



# **ADVISORY BOARD & MVP VOLUNTEERS**



Bob Hurst Senior Sailing Instructor Coast Guard Captain ret.



Ed Marrero Veterans Sailing



Mike Noell Veteran Navy Seal Corporate Strategy



Josh Becher L-2 Certified Youth Coach



Paul Cayard Champion Sailor US Olympian



Moises Alfonso
President
L-1 Certified Youth Coach



Georges Bourgoignie Yacht Brooker Boat Donations



Marite Felix Youth Coach



Steven Schwartz
Fund-raising
Community Outreach



Joseph Chin
Director
L-1 Certified Youth Coach



Carlos Inglesias Castoldi Driver



# **OUR BOATS**









| Descrition | Sonar            | RS Venture     | RS Feva        | Description       | Castoldi Jet Tender 21  |
|------------|------------------|----------------|----------------|-------------------|-------------------------|
| Designer   | Bruce Kirby      | Phil Morrison  | Paul Handley   | Designer          | Castoldi                |
| LOA        | 7m (23')         | 4.9m (16'-4")  | 3.64m2 (12')   | LOA               | 6.3m (21')              |
| Beam       | 2.4m (7'-10")    | 2m (6'-8")     | 1.42m2 (4'-8") | Beam              | 2.6m (7'-10")           |
| Weight     | 950Kg (2,100lbs) | 195kg (430lbs) | 68kg (136lbs)  | Weight            | 1.580kg (3,500lbs)      |
| Main Sail  | ?                | 9m2 (97SqFt)   | 6.5m2 (68SqFt) | Engine            | 250Hp Yanmar Diesel Jet |
| Jib Sail   | 23.m2 (250 SqFt) | 3.8m2 (41SqFt) | 2.1m2 (22SqFt) | Propulsion        | Water Jet Drive         |
| Spinnaker  | 22.8m2 (242SqFt) | 14m2 (150SqFt) | 7m2 (73SqFt)   | Carrying Capacity | 12 people               |

# **OUR FOUNDER**





World Sailor of the Year, Rolex Yachtsman of Year, Distinguished Citizen of Coral Gables and the City of Miami.



Won Gold Medal at the Sydney 2000 Olympic Games with teammate Mark Reynolds.



Crossed the Atlantic Ocean with his family in 1971. Became a US citizen in 1994.



Magnus Liljedahl grew up in Goteborg, Sweden.

# The Magnus Liljedahl Story!





Continued racing, winning the Worlds, European and North American Championships



Team Paradise moved to the US Sailing Center in Coconut Grove, FL in 2014.



Won his 6th Bacardi Cup in 2017.

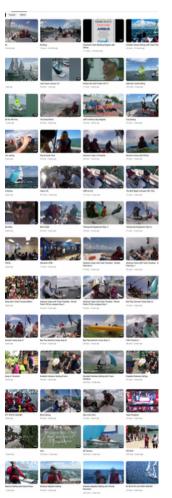
Retired from racing in 2019 to pursue Team Paradise full time

# Team\* PARADISE

### **MEDIA**

- Team Paradise, by Ainsley Vetter <a href="https://vimeo.com/890371098">https://vimeo.com/890371098</a>
- Sea of Possibilities, by Isabella Morales <a href="https://youtu.be/kO0zf-gEecg?feature=shared">https://youtu.be/kO0zf-gEecg?feature=shared</a>
- Siebel Sailors Program <a href="https://youtu.be/WwVLZqd2mCs">https://youtu.be/WwVLZqd2mCs</a>
- Award-winning short film: "Endure the Suck" <a href="https://vimeo.com/358903147">https://vimeo.com/358903147</a> (passcode: endure)
- NBC Nightly News with Brian Williams "Making a Difference" story
   <a href="https://www.youtube.com/watch?v=Ow3E5dxD9-8">https://www.youtube.com/watch?v=Ow3E5dxD9-8</a>
- Team Paradise Articles in Scuttlebutt Sailing News:
  - Young at heart, on the water and off (September 25, 2023)
  - Unshakeable moments in sailing (July 28, 2022)
  - Making a positive difference (September 2nd, 2020)
  - Plotting a New Course: Life after the Pa
  - ralympic Games (October 26th, 2016)
  - Paralympic Games: Another viewpoint to consider (February 3rd, 2015)
  - Team Paradise trains disabled sailors to win Gold (December 10th, 2014)
  - Team Paradise Paralympic Sports Club and the US Sailing Center Partner (May 21st, 2014)





# The Transparent Charity

Platinum Transparency 2023

Candid.

https://www.guidestar.org /profile/20-2663905 501(c)(3) **Charity Organization** 

"TRANSFORMING LIVES through the SPORT of SAILING. Dedicated to changing lives by inspiring and empowering disabled and underserved communities, U.S. Veterans, and others with recreational, educational, and healing programs through the sport of sailing."



www.teamparadise.org



# COMMUNITY SAILING



YOUTH ADULTS VETERANS SPECIAL NEEDS EXCURSIONS CERTIFICATIONS LESSONS CORPORATE EVENTS



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Our 053123 Year End accounting, 2024 Budget, Budget Narrative, and S.W.O.T assessment are available to view and download at <a href="https://www.teamparadise.org/2024-presentation">https://www.teamparadise.org/2024-presentation</a>



